

Child's Full Name:

DOB:

Address:

Diagnosis: Type 1 Diabetes

Date of Diagnosis:

To Whom It May Concern,

This letter is provided in support of a claim for reimbursement of essential equipment— a compatible mobile phone and/or laptop computer—to assist with the effective management of Type 1 Diabetes and to support respite for the primary caregiver.

Managing Type 1 Diabetes requires ongoing monitoring and prompt decision-making. The use of continuous glucose monitoring (CGM) and insulin pump therapy, particularly when using automated insulin delivery (AID) systems, significantly improves safety, glycaemic control, and quality of life. These systems, however, depend on compatible devices to function effectively.

A compatible mobile phone is important not only for receiving continuous glucose data and real-time alarms, but also as a remote control for many AID-capable insulin pumps. This functionality is crucial for operating the pump, delivering boluses, and making dose adjustments, which encourages better engagement and compliance with therapy. The ability for caregivers to remotely monitor glucose trends provides reassurance and helps reduce the need for constant direct supervision, enabling safe and meaningful respite time.

A laptop or computer is also required for families to regularly upload pump and CGM data, allowing the diabetes care team to review information remotely. This ensures timely treatment adjustments and reduces unnecessary clinic visits, lessening the burden on families and improving overall safety.

Please find attached supporting information from Health New Zealand | Te Whatu Ora indicating that carer support funds can be used for essential equipment to facilitate respite care.

If you have any questions, please do not hesitate to contact the treating medical team.

Kind regards,

National Clinical Network for Children and Young People with Diabetes

As kaitiaki (caregivers/guardians) of diabetes related services, it is a collective responsibility to establish an environment that facilitates a pathway for people with diabetes to navigate te ao mate huka - the world of diabetes

Te Kaiwhakahaere Māori te Roopu mate huka Debbie Rawiri - Te Whatu Ora Waitaha Canterbury

Contact: diabetescn@paediatrics.org.nz