

WHAT TO DO IF YOUR CHILD IS HAVING A SEIZURE

Give midazolam if the seizure lasts over 5 minutes
or if ____ seizures happen within ____ minutes

0 MINUTES

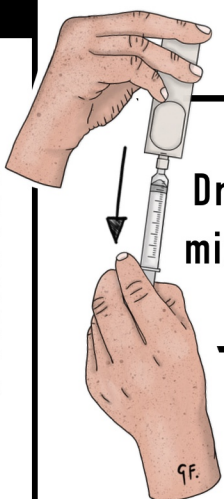
SEIZURE STARTS

Start timing the seizure
Stay calm
Move your child to a safe place
Reassure your child
Video the seizure if possible

CONTINUES

STOPS

4 MINUTES



Draw up ____ ml of
midazolam (15mg/3ml)

STOPS

Put your child in the
recovery position

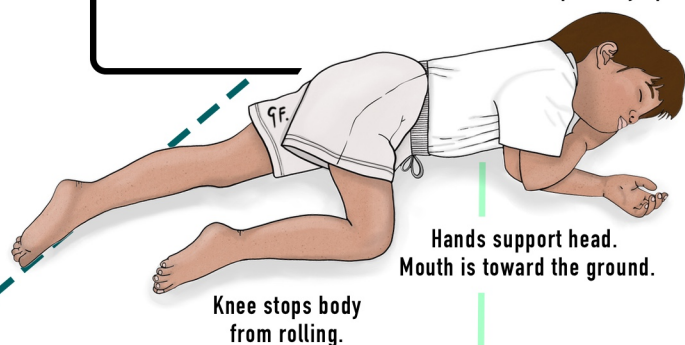
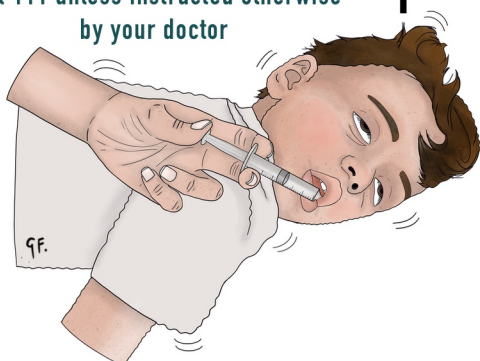
Head tilted to
keep airway open.

CONTINUES

Give midazolam into the side
of the cheek (buccally)

Call 111 unless instructed otherwise
by your doctor

STOPS



Hands support head.
Mouth is toward the ground.

Knee stops body
from rolling.

Let child rest & recover

Stay with them until back to normal
Record in seizure diary
If advised, let medical team know
Dr _____

