

Ō kōwhiringa

E mōhio ana mātou he take tino nui te whaturama ā-pito, ā, he kaha ake tēnei mēnā he tino nui, he kitenga anō kua pā mai, nā reira ka nui hoki ōna pānga atu mō tō pēpē me tō whānau katoa. Tērā pea ka noho koutou ko tō whānau i te uauatanga e whakatau ana koutou kia haere tonu te hapūtanga, kia mutu rānei. Ko tō mātou whāinga kia tuku i ngā taipitopito kōrero katoa, kia tuku tautoko anō hoki kia pai ai tā koutou nā whakatau i tēnei wā uaua. Ina whakatau koe kia kaua e haere tonu te hapūtanga, mā tō tīma kaimahi hauora koe e ārahi i te huarahi kei mua i a koutou.

Ngā tautoko

Kōrero ki tō tīma MFM, ki tō mātanga tiaki hapūtanga, ki tētahi atu kaiwhakarato hauora rānei mō ngā ratonga tautoko e wātea ana ki a koe, pērā i te:

- Whai wāhi atu ki te kōrero tohuora, ki ngā tautoko ā-ahurea, ā-wairua hoki mō koutou ko tō whānau;
- Āwhina ā-pūtea mō ngā utu haerenga me ngā utu wāhi noho ina haere koe ki te kōrero ki ngā mātanga MFM e tawhiti ana i tō wāhi noho.
- Parent to parent New Zealand:
<https://parent2parent.org.nz/>
- Mothers of Omphaloceles (MOO):
<https://www.facebook.com/groups/omphalocele>

He mihi, he kōrero anō

<https://www.isuog.org/clinical-resources/patient-information-series/patient-information-pregnancy-conditions/abdomen/omphalocele.html>

<https://www.gov.uk/government/publications/exomphalos-description-in-brief>

<https://www.chop.edu/conditions-diseases/omphalocele>

Pikitia

<http://www.nlm.nih.gov/medlineplus/ency/imagepages/9030.htm>

He puna kōrero anō kei te tari NZ MFM e tata ana ki a koe

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Health New Zealand Te Whatu Ora

Mō Wāhi Rua:

<https://www.healthpoint.co.nz/public/wahi-rua-new-zealand-maternal-fetal-medicine/>

I Whakahoungia i te Hune 2024



Wāhi Rua
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Maternal
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Whaturama ā-pito

Omphalocele

Whaturama ā-pito

He aha te whaturama ā-pito?

He rerekētanga ā-tinana te whaturama ā-pito, arā tētahi whaturama, tētahi ngoikoretanga i te paetara puku i te wāhi o te pito. I ētahi wā e kīia ana he exomphalos.

Mēnā he whaturama ā-pito tō te pēpē, kāore te paetara puku i kati i te pūtaka o te pito, ā, ka puta tonu mai ētahi whēkau i te tinana. I te nuinga o te wā, ko ngā kōpiro anake, heoi i ētahi wā ko te ate me ētahi atu whēkau anō hoki.



Ka noho ngā whēkau i waho i te puku kei roto i tētahi pūkoro, he mea uwhi ki te kiriuhi whakangungu peritoneum (te kiri o te paetara puku), nō reira he rite ki te poihaui i te pūtaka o te pito.

Ka puta mai tēnei āhuatanga i te whānautanga 1 mai i te 3,000, ā, arā hoki ngā kitenga tāpiri, he raru hauora anō mō ngā pēpē tae atu ki te 80%.

He aha te take o te whaturama ā-pito?

Kāore i te mōhiotia he aha ngā uaua paetara puku i kore ai e tipu tika i ētahi wā. I ētahi kēhi, tērā pea he hononga ki tētahi rerekētanga ā-ira, ki tētahi mate anō rānei. Heoi, e mōhio ana tātou ehara i te mea ka puta mai i āu nā mahi, i te korenga rānei o tētahi mahi āu.

Ka pēhea te tautohu i te whaturama ā-pito?

Ka kitea pea te whaturama ā-pito i te matawai o te wiki 12-14, i te matawai tinana o te wiki 20 rānei. I mua i te wiki 12, he mea pai noa iho ina puta mai ana ngā whēkau i te puku mō te paku wā, nā konei kāore e tautohua i mua i tēnei wā. Mēnā e whakapaetia ana kua puta tētahi whaturama ā-pito, ka tukuna koe ki te tari MFM e tata ana ki a koe.

He aha te pānga atu ki taku pēpē?

E mōhiotia ana he nui ngā pēpē whai whaturama ā-pito ka pāngia anō hoki e ētahi atu raru. Ka haere koe ki tētahi matawai whānui anō kia tirohia ai te paetara puku, me te tinana katoa o te pēpē, kia kitea mēnā he rerekētanga anō.

Ko ngā rerekētanga ā-tinana e kaha kitea ana ko ngā mate manawa; heoi, arā hoki ētahi atu raru i ētahi wā ka pā atu ki te papatoiake me te tātāuma (te wāhi o te uma). He iti noa ētahi pēpē, ka whai rānei i te nui o te waikahu, nā konei, ka āta matawaitia.

Ka kaha kitea ngā rerekētanga ā-ira, ā-pūira hoki i ngā pēpē whai whaturama ā-pito (tae atu ki te 40%). Ka tohaina ki a koe he whakamātautau tautohu mō ēnei, mā te chorionic villus sampling (CVS) mēnā 14 ngā wiki, iti iho rānei, mā te amniocentesis mēnā kua neke atu i te 14 wiki.

Ka āta kōrerotia ngā pānga o te whaturama ā-pito ki a kōrua ko tō pēpē, ā, ka whakaritea he ara whakamua e pai ana ki a koutou ko tō whānau.

Te whakamamae me te whakawhānau

Me whānau mai ngā pēpē katoa e pāngia ana e te whaturama ā-pito ki te hōhipera pae tuatoru e whai ana i te wāhanga neonatal intensive care unit (NICU), te tīma hāpara mātātahi me ngā tākuta e waia ana ki te mahi tiaki pēpē he raru ā-paetara puku ō rātou.

He pai noa te whānautanga mai mā te tara i te nuinga o te wā, heoi anō, mēnā he nui, ka meatia pea te whānau poka hoki māu. Ka tohua e mātou kia whānau mai te pēpē i mua i te wiki 38.

Ka whai wāhi koe ki te hui i te taha o te rata hāpara mātātahi, o ngā mātanga piripoho hou hoki/rānei i mua i te whānautanga mai kia kōrerohia ka pēhea te tiaki i tō pēpē ina whānau mai ia. Ka kōrero rātou ki a koe mō ngā momo mahi haumanu ka tika pea mō tō pēpē, ā, ka pēhea te roa o tana noho ki rō hōhipera, me ngā putanga mauroa.

I ētahi kēhi onge, he tino nui te whaturama ā-pito, ka noho pea tō pēpē i te hōhipera mō te wā roa (mō ētahi marama pea), ā, me whiwhi ia i ngā poka e kati ai te mate.

Te tirohanga whakamua

Mēnā he iti noa te whaturama ā-pito, ā, kāore he raru, he rerekētanga ā-ira/pūira hoki, he pai tonu te tūpono kāore he raru mauroa. Mēnā he tino nui te whaturama ā-pito, he mate anō rānei kua pā mai, ka pā hoki ēnei āhuatanga ki ngā putanga.

Ngā hapūtanga ka whai ake

He tino iti rawa te tūraru ka pā mai anō te whaturama ā-pito ki ngā hapūtanga e whai ake nei, heoi anō, mēnā he rerekētanga ā-ira, mā tō tīma te tūraru e whakatau mō ngā hapūtanga e whai ake nei, ā, me pēhea ō whakaritenga mō aua hapūtanga ka whai ake.

Ka tohua koe e mātou kia kai i ngā huaora pērā i te folic acid i mua i te hapūtanga, ā, kia auahi kore, kia pūroi kore hoki koe e pai ai te tīmatanga mō ngā pēpē kāore anō kia whānau mai.