BRONCHIECTASIS ACTION PLAN

Well

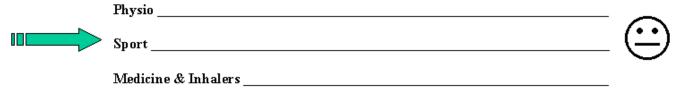
Spit clear or pale yellow Cough no different from normal Sleeping normally Eating well





Unwell but at Kindy/School

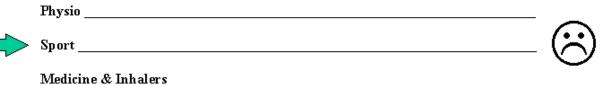
Having a "cold"; runny green nose More spit which maybe darker/thicker Coughing more than usual More tired Not eating/drinking as well as usual



GO TO FAMILY DOCTOR: You may need two weeks of antibiotics after giving a sputum sample. If no better after 72 hours go back to family doctor.

More unwell and not able to go to Kindy/School

Coughing a lot
Spit dark yellow/green
Sore chest
Short of breath doing things that are
usually easy
Hot/flushed or cold/shivery



GO TO FAMILY DOCTOR: If no better after 48 hours go back to your doctor who may refer your child to your local hospital.

Very unwell

High fever which doesn't go down with pamol/paracetamol Breathless at rest Lips blue



GO TO YOUR LOCAL HOSPITAL'S EMERGENCY DEPARTMENT: Tell them you have bronchiectasis.

