When some kids went back to school

Mel Churton
Registered Psychologist
April 2020
A nasty bug called COVID-19 made people sick. It spread around the world.

Our Prime Minister said the best thing to do is to go home and stay safe. This was called **Lockdown Level 4**.
So everyone went home and stayed in their ‘bubble’.

After a while, less people were getting sick. Lots more people were getting better.
The Prime Minister said it was ok to go to Level 3 of Lockdown. Some people could go back to work.

If there was no one at home to look after the kids, some kids could go back to school.
So a few kids went back to school. School looked the same but it wasn't

- There were only a few kids there
- They had to stay in small ‘bubbles’ so they kept nice and safe
- The teachers were there to take care of the kids but in a different way
- The kids did activities and booklets and online learning, not taught stuff
- It was more like the learning the kids did when they were at home than normal school
The playtimes were different too:

- The kids all had their own special exercise time and they had to stay in their small ‘bubbles’.

Everyone had to follow the COVID-19 rules:

- Don’t get too close to other people
- Cough and sneeze into your elbow
- Put your used tissues in the bin
- Don’t share drink bottles
- Wash your hands carefully
- Stay home if you are sick

All of this was super important to keep everyone safe.
Level 3 was a **strange kind of different** but the kids soon got used to it:

😊 They did their work
😊 They stayed in their bubbles
😊 They followed the COVID-19 rules

After a while, **more people got better** and the bug wasn’t around so much.
When *more people got better* and the bug isn’t around so much, the Prime Minister will decide that it is ok to go to **Lockdown- Level 2**. We don’t know when that will be just yet.

But when Level 2 does happen, more people will go back to work and the rest of the kids could go back to school.
And life could get another step closer to normal again!