

Raru whakarato:

Wē paracetamol 120 mg i roto i te 5 mL

Mai i te Hānure 2023, ka wātea mai tētahi momo wē paracetamol 120 mg i roto i te 5 mL hou. Ka whakakapi te paracetamol Ethics i ngā momo wē paracetamol Paracare me te Avallon.

(Te whakahua ko ‘pa-ra-SEE-ta-mol’)

E tino whakamahia ana te wē paracetamol mō te kirikā me te whakamauru mamae, otirā mō te tamariki.

He aha te rerekē o paracetamol Ethics?

He āhua mā te paracetamol Ethics, ā, he rōpere te reka. He rite tonu te rahi o te kai hohe o roto, ā, he ūrite te mahi pērā i ētahi atu momo.



Kia mōhio

Ka rerekē pea ngā kai tautauā o roto pērā i ngā whakakakara me ngā whakareka. Mēnā he pātai āu mō ēnei, me kōrero ki tō rata, nēhi, kaitaka rongoā rānei.



He ūrite pea te tae me te reka o ngā rongoā wē rerekē. Me pānui i te tapanga i ngā wā katoa, ā, me tika te pota mā tō tamaiti. **KAUA RAWA e whakawhirinaki ki te tae, kakara, tāwara rānei.**

E hia te nui o te paracetamol me whāngai ki taku tamaiti?

- Kei te taumaha o tō tamaiti te pota paracetamol.
- Me ine i te taumaha o tō tamaiti KA tirotiro i te kaha o tō paracetamol.
- Me whakamahi te tūtohi i konei hei kimi i te pota tika.

I mua i te whāngai paracetamol ki tō tamaiti:

- Me tirotiro mēnā me whiwhi tonu tō tamaiti.
- Me tatari mō te 4 haora, neke atu rānei i waenga pota.
- KAUĀ e nui atu i te 4 ngā pota i roto i te 24 haora.
- Me tirotiro i te rā mōnehu.
- Kaua e whakamahi me ētahi atu rongoā whai paracetamol.



He mea nui kia kaua e nui atu te whiwhi a tō tamaiti i te pota e tūtohua ana mō te rā. Mēnā ka nui rawa te whiwhi a tō tamaiti – i te wā kotahi, i ētahi rā rānei – ka tūkinohia pea e te paracetamol tōna ate.

Tūtohi pota paracetamol

Taumaha o te tamaiti	120 mg i roto i te 5 mL
Iti iho i te 5 kg	Me pātai atu ki tō rata, kaitaka rongoā rānei
5 kg	3 mL
6 ki te 7 kg	3.5 mL
8 ki te 9 kg	5 mL
10 ki te 12 kg	6 mL
13 ki te 14 kg	8 mL
15 ki te 16 kg	9.5 mL
17 ki te 18 kg	10.5 mL
19 ki te 20 kg	12 mL
21 ki te 22 kg	13 mL
23 ki te 25 kg	14.5 mL
26 ki te 28 kg	16.5 mL
29 ki te 32 kg	18 mL
33 ki te 36 kg	20.5 mL
37 ki te 41 kg	23 mL
42 ki te 60 kg	26 mL
Nui ake i te 60 kg	30 ki te 40 mL

- (i) **Mō ētahi atu mōhiohio mō te wē paracetamol, haere ki pharmac.govt.nz/paracetamol-liquid**